

Becoming Who God Is Forming



Grow In Prayer | Ephesians 3:14-21

A Posture of Dependence (Ephesians 3:14-15)

What does Paul's posture of kneeling reveal about his attitude toward God? How does posture reflect the heart in prayer? How does understanding God as Father shape the way we approach Him in prayer? Do you tend to approach God with confidence or hesitation? Why? See too: Philippians 2:10; Psalm 95:6; Romans 8:15; Matthew 6:9; Hebrews 4:16

Strength from the Inside Out (Ephesians 3:16)

Why do you think Paul prioritizes inner strength over changed circumstances? How does the Holy Spirit strengthen believers internally? What does that look like in real life? In what situations are you most tempted to pray for escape rather than endurance? See too: 2 Corinthians 4:16; Galatians 5:22-23; James 1:2-4

Christ Dwelling Deeply (Ephesians 3:17)

What does it mean for Christ to "dwell" in your heart rather than simply "visit"? Are there areas of your life you struggle to fully surrender to Christ? Why? How does faith relate to Christ's presence in our lives? See too: John 14:23; Luke 9:23; Colossians 2:6-7

Rooted and Established in Love (Ephesians 3:17-18)

What images come to mind when you think of being "rooted" and "established"? How would your life change if you truly grasped the depth of Christ's love? What's the difference between knowing about God's love and experiencing it? See too: Psalm 1:3; Colossians 2:7; Romans 8:38-39; 1 John 4:16

Filled to the Fullness of God (Ephesians 3:19)

What do you think it means to be "filled with all the fullness of God"? How does spiritual growth happen progressively according to this passage? Where do you see God currently working to bring deeper transformation in your life? Colossians 1:19; Colossians 2:9-10; 2 Peter 3:18; Philippians 1:6

A Bigger Vision of God (Ephesians 3:20)

How might your prayers change if you truly believed God can do "immeasurably more"? What limits our expectations of God in prayer? Where have you seen God work beyond your expectations in the past? See too: Jeremiah 33:3; James 4:2-3; Isaiah 55:8-9

The Goal: God's Glory (Ephesians 3:21)

Why is God's glory the ultimate goal of prayer and spiritual growth? How does your personal prayer life connect to the wider mission of the church? What does it mean to live in a way that reflects God's glory across generations? See too: 1 Corinthians 10:31; Matthew 5:16; Psalm 145:4

Reflection & Application

Which part of this prayer (dependence, inner strength, Christ dwelling, love, fullness, vision, or glory) do you most need to grow in right now? How can you shift your prayer life this week from routine to relationship? What is one practical step you can take to "pray deeper" rather than just "pray more"? See too: Psalm 139:23-24; 1 Thessalonians 5:16-18



What did you discover about God in this passage?
What did you discover about people in this passage?
How will you commit to obey this passage this week?
With whom will you share what you have learned?

